



U.S. GOLD GYMNASTICS ACADEMY

Destin Recreational Gym

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SUMMER SCHEDULE 2017

	Mon	Tues	Wed	Thurs	Fri
PARENT & TOT - 50 minute class Coed walking to age 3.5	5:30	9:30 5:30	9:30 5:30	9:15	KIDS' DAY OUT 9:30-11:30 a.m. Every Friday morning! Ages 4 and under \$5 current students \$10 non-members Cash Only
PRESCHOOL Coed ages 3.5-4.5	5:30	9:30, 10:45 5:30	9:30, 10:45 5:30	9:15	
PRE-KINDERGARTEN Coed ages 4-5 (VPK age)	5:30	9:30, 10:45 5:30	9:30, 10:45 5:30	9:15	
RED SQUAD Girls beginner grades Kindergarten-2nd	5:30	9:30	10:45 5:30		
BLUE SQUAD Girls intermediate grades Kindergarten-2nd		10:45 5:30	9:30		
SILVER SQUAD Girls beginner 3rd grade+	5:30	9:30, 10:45 6:30	5:30		
GOLD SQUAD Girls intermediate 3rd grade+		5:30 6:30	9:30 10:45		
PLATINUM SQUAD Girls advanced 1st grade+	6:30-8:00		6:30-8:00		
DIAMOND SQUAD Girls excelled 1st grade +	6:30-8:00		6:30-8:00		
RISING & SHOOTING STARS Girls advanced ages 3.5-5 (invite only)				10:30-12:00	
BOYS NINJA WARRIOR CLASS Boys Kindergarten-4th grade	5:30	9:30, 10:45 5:30	9:30, 10:45		KIDS' NIGHT OUT 6:30-10:00 p.m. Every Friday night! Ages 4-10. \$15 current students \$20 non-members Cash Only
TUMBLING 1 Coed beg-int grades Kindergarten-2nd			5:30	9:15	
TUMBLING 2 Coed beg 3rd grade+	6:45		6:45	9:15	
TUMBLING 3 Coed intermediate 3rd grade+, must have KO	6:45	6:45-8:15	6:45		
T4/POWER/CHEER TUMBLING Coed 3rd grade+, must have BHS & RO BHS		6:45-8:15			

All classes are one hour unless otherwise shown.