2023-2024 School Year Team Practice Schedule

	MON		TUES		WED		THURS		FRI		SAT
Aly Group	3:00-7:00		3:00-7:00		3:00-7:00		3:00-7:00		OFF		8:30-12:30
Laurie Group	4:00-7:30		4:00-7:30		4:00-7:30		4:00-7:30		4:00-7:30		OFF
Simone Group	4:30-7:30		4:30-7:30		4:30-7:30		OFF		4:30-7:30		8:00-12:00
Nastia Group	4:30-7:30		OFF		4:30-7:30		OFF		4:30-7:30		8:00-12:00
Shawn Group	OFF		4:30-7:30		OFF		4:30-7:30		4:30-7:30		9:30-12:30
Gabby Group	OFF		4:30-7:30		OFF		4:30-7:30		OFF		9:30-12:30