

# 2024-2025 School Year Team Practice Schedule

	MON	TUES	WED	THURS	FRI	SAT
<b>Aly Group</b>	3:45-7:45	3:45-7:45	OFF	3:45-7:45	3:45-8:45	OFF
<b>Laurie Group</b>	3:45-7:45	3:45-7:45	OFF	3:45-7:45	3:45-8:45	OFF
<b>Simone Group</b>	OFF	4:15-7:45	4:15-7:45	OFF	4:15-8:45	8:00-12:30
<b>Nastia Group</b>	4:15-7:45	OFF	4:15-7:45	4:15-7:45		8:00-12:30
<b>Shawn Group</b>	OFF	OFF	4:15-7:45	4:15-7:45		8:00-12:30