



U.S. GOLD GYMNASTICS ACADEMY Santa Rosa Beach Gym

2312 Chat Holley Road, Santa Rosa Beach

(850) 660-6150

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SUMMER SCHEDULE 2025

	Mon	Tues	Wed	Thurs	Fri
PARENT & TOT - 45 minute class Coed 18 mos. to age 3.5	9:30, 10:45 4:30, 5:45	3:15 4:30			KIDS' DAY OUT 9:30-11:30 a.m. every Friday morning! Ages 5 and under \$20 cash only
PRESCHOOL Coed ages 3.5-4.5	9:30, 10:45 4:30, 5:45	3:15 4:30			
PRE-KINDERGARTEN Coed ages 4-5	9:30, 10:45 4:30, 5:45	3:15 4:30			
RED SQUAD Girls beginner grades Kindergarten-2nd	9:30, 10:45 4:30, 5:45	3:15 4:30			
BLUE SQUAD Girls intermediate grades Kindergarten-2nd	9:30, 10:45 5:45	3:15 4:30			
SILVER SQUAD Girls beginner 3rd grade+	4:30				
GOLD SQUAD Girls intermediate 3rd grade+	4:30				
CHEERNASTICS 1st-4th grade Stunting, jumping, tumbling	10:45 5:45	4:30			
COED NINJA WARRIOR CLASS COED Kindergarten-4th grade	9:30, 10:45 4:30, 5:45	3:15 4:30			
TUMBLING 1 Coed beg-int 1st-3rd grades	4:30				KIDS' NIGHT OUT 6:15-9:00 p.m. every Friday night! Ages 5-10 \$30
TUMBLING 2 Coed beg 3rd-6th grades	4:30				
TUMBLING 3 Coed intermediate 1st grade+ (invite only)		7:00			
TUMBLING 4/POWER TUMBLING Coed 3rd grade+, must have BHS & RO BHS	7:00-8:15				
JR. PLATINUM Girls advanced 1st and 2nd grade (invite only)	9:30-10:45	5:45-7:00			YOU CAN REGISTER ONLINE TO SECURE YOUR SPOT OR JUST SHOW UP (cannot guarantee a spot)
PLATINUM Girls advanced 3rd grade+ (invite only)		5:45-7:00			
WEEKLY COED SUMMER SPORTS CAMP Gymnastics, ninja, tumbling - 4.5 yrs. to 10 yrs.		9:30-1:00	9:30-1:00	9:30-1:00	4.29.25
Camp is 3 days - Tuesday through Thursday \$170.00 1st child, \$150.00 additional siblings					
Price is per week for this camp					