

2025 SUMMER TEAM SCHEDULE

	MON		TUES		WED		THURS		FRI
Aly Group	1:15-6:15		8:45-1:45		1:15-6:15		8:45-1:45		OFF
Laurie Group	1:15-6:15		8:45-1:45		1:15-6:15		8:45-1:45		OFF
Simone Group	8:45-12:45		8:45-1:45		1:15-6:15		8:45-1:45		OFF
Nastia Group	8:45-12:45		1:15-5:15		8:45-12:45		1:15-5:15		OFF
Shawn Group	OFF		1:15-5:15		8:45-12:45		1:15-5:15		OFF
Level 2	OFF		1:30-4:00 rec		1:30-4:00 rec		1:15-4:00 TEAM GYM		OFF
Level 1	OFF		1:30-3:15 rec		1:30-3:15 rec		OFF		OFF