

## 2025 SUMMER TEAM SCHEDULE

|                     | MON        |  | TUES             |  | WED              |  | THURS                 |  | FRI |
|---------------------|------------|--|------------------|--|------------------|--|-----------------------|--|-----|
| <b>Aly Group</b>    | 1:15-6:15  |  | 8:15-1:15        |  | 1:15-6:15        |  | 8:15-1:15             |  | OFF |
|                     |            |  |                  |  |                  |  |                       |  |     |
| <b>Laurie Group</b> | 1:15-6:15  |  | 8:15-1:15        |  | 1:15-6:15        |  | 8:15-1:15             |  | OFF |
|                     |            |  |                  |  |                  |  |                       |  |     |
| <b>Simone Group</b> | 8:45-12:45 |  | 8:15-1:15        |  | 1:15-6:15        |  | 8:15-1:15             |  | OFF |
|                     |            |  |                  |  |                  |  |                       |  |     |
| <b>Nastia Group</b> | 8:45-12:45 |  | 1:45-5:45        |  | 8:45-12:45       |  | 1:45-5:45             |  | OFF |
|                     |            |  |                  |  |                  |  |                       |  |     |
| <b>Shawn Group</b>  | OFF        |  | 1:45-5:45        |  | 8:45-12:45       |  | 1:45-5:45             |  | OFF |
|                     |            |  |                  |  |                  |  |                       |  |     |
| <b>Level 2</b>      | OFF        |  | 1:30-4:00<br>rec |  | 1:30-4:00<br>rec |  | 1:45-4:30<br>TEAM GYM |  | OFF |
|                     |            |  |                  |  |                  |  |                       |  |     |
| <b>Level 1</b>      | OFF        |  | 1:30-3:15<br>rec |  | 1:30-3:15<br>rec |  | OFF                   |  | OFF |