



U.S. GOLD

U.S. GOLD GYMNASTICS ACADEMY

Santa Rosa Beach Gym

2312 Chat Holley Road, Santa Rosa Beach

(850) 660-6150

usgolddestin@earthlink.net

SUMMER SCHEDULE 2026

	Mon	Tues	Wed	Thurs	Fri
WEEKLY COED SUMMER SPORTS CAMP Gymnastics, ninja, tumbling - 4.5 yrs. to 10 yrs. Camp is 3 days - Tuesday through Thursday \$175.00 1st child, \$160.00 additional siblings Price is per week for this camp		9:30-1:00	9:30-1:00	9:30-1:00	
PARENT & TOT - 45 minute class Coed 18 mos. to age 3.5	9:30, 10:45 3:15, 4:30, 5:45	3:15 4:30			KIDS' DAY OUT 9:30-11:30 a.m. every Friday morning! Ages 5 and under \$20 cash only
PRESCHOOL Coed ages 3.5-4.5	9:30, 10:45 3:15, 4:30, 5:45	3:15 4:30			
VPK/PRE-KINDERGARTEN Coed ages 4-5	9:30, 10:45 3:15, 4:30, 5:45	3:15 4:30			
RED SQUAD Girls beginner grades Kindergarten-2nd	9:30, 10:45 3:15, 4:30, 5:45	3:15 4:30			
BLUE SQUAD Girls intermediate grades Kindergarten-2nd	9:30, 10:45 3:15, 5:45	3:15			
SILVER SQUAD Girls beginner 3rd grade+	10:45 4:30				
GOLD SQUAD Girls intermediate 3rd grade+	10:45 4:30				
COED NINJA WARRIOR CLASS COED Kindergarten-4th grade	9:30, 10:45 3:15, 4:30, 5:45	3:15 4:30			
TUMBLING 1 Coed beg-int 1st-4th grades		4:30			
TUMBLING 2 Coed beg 3rd grade+		4:30			
TUMBLING 3 Coed intermediate 1st grade+ (invite only)	9:30 5:45				
JR. PLATINUM Girls advanced K-2nd grade (invite only)		5:45-7:00			
PLATINUM Girls advanced 3rd grade+ (invite only)		5:45-7:15			
DIAMOND Girls excelled 3rd grade+ (invite only)		5:45-7:15			