

# 2026-2027 School Year Team Practice Schedule

	MON		TUES		WED		THURS		FRI		SAT
<b>Aly Group</b>	3:15-7:45		3:15-7:45		3:15-7:45		3:15-7:45		OFF		8:00-12:15
<b>Laurie Group</b>	4:15-7:45		4:15-7:45		OFF		4:15-7:45		4:15-7:45		8:00-12:15
<b>Simone Group</b>	OFF		4:15-7:45		OFF		4:15-7:45		4:15-7:45		8:00-12:15
<b>Nastia Group</b>	4:15-7:45		OFF		4:15-7:45		4:15-7:45		4:15-7:45		OFF
<b>Shawn Group</b>	OFF		OFF		4:15-7:45		OFF		4:15-7:45		10:45-2:30
<b>Level 2</b>	OFF		OFF		4:15-6:00 rec		OFF		4:15-6:00 rec		10:45-2:30
<b>Level 1</b>	OFF		OFF		4:15-6:00 rec		OFF		4:15-6:00 rec		OFF