



DESTIN Gym

12432 Emerald Coast Pkwy., Miramar Beach, FL
(850) 654-3124

All class registrations are now done online at
usgoldgymnastics.com

2026-2027 SCHOOL YEAR

	Mon	Tues	Wed	Thurs	Fri	Sat
PARENT & TOT Coed 18 mos. to age 3.5 years	10:00, 3:25 4:35, 5:50	10:00 4:35, 5:50			KIDS' DAY OUT 9:30 - 11:30 a.m. Every Friday morning! Ages 5 and under \$15 cash only ATM on site	PRIVATE BIRTHDAY PARTIES Book online through our wesbite
PRESCHOOL Coed ages 3.5-4.5 years	10:00, 3:25 4:35, 5:50	10:00, 3:25 4:35, 5:50				
VPK/PRE-KINDERGARTEN Coed ages 4-5 years	10:00, 3:25 4:35, 5:50	10:00, 3:25 4:35, 5:50				
RED SQUAD Girls beginner grades Kindergarten-2nd	3:25, 4:35 5:50	3:25 4:35, 5:50		4:30		
BLUE SQUAD Girls intermediate grades Kindergarten-2nd	3:25 4:35	3:25 4:35, 5:50				
SILVER SQUAD Girls beginner 3rd grade+	5:50					
GOLD SQUAD Girls intermediate 3rd grade+	5:50					
JR. PLATINUM Girls advanced K- 2nd grade (invite only)	4:35-5:50			4:30-5:45		
PLATINUM SQUAD Girls advanced 2nd grade+ (invite only)			6:15-7:45			
DIAMOND SQUAD Girls excelled 3rd grade+ (invite only)			6:15-7:45			
COED NINJA WARRIOR CLASS Coed Kindergarten-4th grade	3:25, 4:35 5:50	3:25, 4:35 5:50			KIDS' NIGHT OUT 6:15 - 9:00 p.m. Every Friday night! Ages 5-10 \$25 cash only ATM on site	
CHEERNASTICS 1st - 5th grade. Stunting, jumping, tumbling		4:35		4:30		
TUMBLING 1 Coed beginner 1st-4th grade		5:50				
TUMBLING 2 Coed beginner 5th grade+		7:00		5:45		
BACK HANDSPRING CLASS Coed intermed. 1st grade+ (invite only)		7:00		5:45		
TUMBLING 4 Coed 2nd grade+, must have BHS & RO BHS	OPEN GYM 7:00-8:30 p.m. 5th-12th grade \$15 cash only ATM on site	7:00-8:30 (*see below)		OPEN GYM 7:00-8:30 p.m. 5th-12th grade \$15 cash only ATM on site		
POWER TUMBLING Coed 2nd grade+, must have multiple BHS		7:00-8:30 (*see below)				

*This class is held at the competition gym across the street at 143 Business Center Drive, Miramar Beach

9.29.26



U.S. GOLD GYMNASTICS ACADEMY

Destin Recreational Gym

12432 Emerald Coast Parkway, Miramar Beach

(850) 654-3124

2026-2027 School Year

PRICING IS FOR A 4 WEEK SESSION (no registration fee)

\$95 monthly - 45 min. weekly class (Parent and Tot)

\$105 monthly - 1 hour weekly class (Preschool, VPK)

\$110 monthly - 1 hour weekly class (Red, Blue, Silver, Gold, Ninja, Cheernastics, Tumbling 1, Tumbling 2, Tumbling 3)

\$125 monthly - 1 hour 15 min. weekly class (Jr. Platinum)

\$140 monthly - 1 1/2 hour weekly class (Platinum, Diamond, Tumbling 4, Power Tumbling)

\$10 monthly discount for any additional weekly classes.

**ALL CLASS REGISTRATIONS ARE DONE ONLINE AT
usgoldgymnastics.com (Destin Schedule/Pricing)**

Special Events

KIDS DAY OUT

Parent-monitored free-play for kids ages 5 and under.

Friday morning 9:30-11:30 a.m.

No registration or sign-up required.

EVERY person on the gym floor (adults and children) must have a signed waiver on file.

\$15 cash only. ATM on site.

KIDS NIGHT OUT

Coach-monitored free-play for kids ages 5-10.

Friday evenings 6:15-9:00 p.m. No registration or sign-up required.

Children will need waivers signed by their legal parent or guardian in order to participate.

Parents do not need to stay. Limited space available.

\$25 cash only. ATM on site.

PRIVATE BIRTHDAY PARTIES

Coach-monitored free play for kids ages 10 and under. Parties are held on Saturdays.

You provide the refreshments, and we provide the fun (and the clean up)!

Register online for your birthday party. Up to 30 children may attend.

EVERY person attending the party (adults and children) must have a signed waiver on file.

2 hours total

1 hour 30 mins gym, 30 mins food/gifts

\$375.00

OPEN GYM

An opportunity to practice your tumbling and cheer skills while being supervised by coaches.

5th grade-12th grade.

Monday and Thursday evenings 7:00-8:30 p.m. No registration or sign-up required.

Students will need waivers signed by their legal parent or guardian in order to participate.

\$15 cash only. ATM on site.